

THE

TARGETING NEWS FOR UWHA'S SUPPORTED HOUSING TENANTS
AUTUMN 2004 CIRCULATION 700

FOCUS

'The Focus' is on you – Pam Yandle!

Over the past year the Supported Housing Team and various Managing Agents have been working together to produce a Tenants Compact (an agreement about how, and how far you can get involved in decisions about your housing and support).

As part of the consultation process, various Tenant Focus Groups were held and it became very clear that Supported Housing tenants wanted to have their own Newsletter and so the Supported Housing Team got to work on making this a reality.

A few month's ago, tenants were asked to enter a competition to 'Name the Newsletter' and we received loads of great suggestions, but the outright winner of the Competition was **PAM YANDLE** of Cardiff who came up with the idea of '**The Focus**'. Claire from the office recently caught up with Pam at home to give her the prize of a Portable CD Player. Pam was very excited to have won the competition and is pictured below holding a copy of the first ever front page of the '**The Focus**'.

Congratulations Pam - don't forget to let us know what you think of the rest of the Newsletter!



Welcome from the Focus Editorial Board

Thank you for reading the first edition of the Focus Newsletter. United Welsh Housing Association (UWHA) already have a newsletter (Link-Up) for all tenants, most of whom live in general needs properties. We have however listened to suggestions from tenants who have said we need a newsletter specifically for tenants living in supported housing with UWHA. People have said some of the information and news in Link-Up isn't that relevant to them, so we have launched our own Newsletter. The Focus!

A few of us have got together to get the ball rolling and put together the first edition. We have had a great deal of help already from tenants who have made suggestions and written articles, which we hope you enjoy reading. We would really like more help, and we would welcome thoughts on anything you think we should put in the Focus. We would also welcome articles, and you could



win a prize if we publish anything you send in. We hope to publish the Newsletter four times a year so there will be plenty of opportunities to contribute and have your name (if you want) in print or just let us know what you want to see and read.

If you have good ideas and are willing to share them how about joining us on the Editorial Board (we need all the help we can get)! If you are interested please contact Claire Phillips on 029 20858148.

We hope you enjoy this edition and we look forward to talking to you about future editions and making the Focus a big success.

Best Wishes

**Janice Bell, Direct Support Services Manager, UWHA
Prep Projects, on behalf of the Editorial Board**

Me and two support staff went to Centerparcs (Longleat Forest) in June 2004. On arrival my log cabin was just to my expectations and I was amazed at the size of our accommodation. I was even more amazed at the ducks and wildlife popping in for a nose - they were really friendly.

I enjoyed several day trips and participated in many activities on offer at the Parc, afterwards enjoying a shandy or two in the local!

The photo below is of me in my lounge enjoying a relax. The other photo is of me and my support worker enjoying the sunshine and feeding the ducks.

I would recommend my holiday to everyone as I found that Centerparcs cater for all disabilities.

Centerparcs have four sites in the UK

- * Elveden Forest, Suffolk
- * Longleat Forest, Nr Warminster
- * Oasis Whinfell Forest, Cumbria
- * Sherwood Forest, Nottinghamshire

**For further information on the UK sites, log on to:
www.centerparcs.co.uk
Or for sites abroad:
www.centerparcs.com**



**My
holiday...
...by Robin Bannister**

FOCUS

Star letters

ARTICLES BY TENANTS

We want 'The Focus' to be a newsletter for tenants by tenants and so in each edition there will be prizes of **£15 gift card for the Star Article** and **£5 gift card for any article published**

Please note that if your article does not appear in the most recent edition, it may be held over for future editions. A big 'Thank You!' to all our contributors in our first issue

LIFE IN THE OLD BAKERY (Adref's Young People project)

Since living at the Old Bakery, I have made lots of friends some of them are tidy but some are weird! The staff are very helpful; they have helped me learn things about myself, as well as important things which I will need to know when I move out of the project and take on my own tenancy.

The project can sometimes be very boring, but other times it can be a good laugh. All the other tenants are friendly and also help me with problems I might have.

If you move in I hope you will have as much fun as I am. I have gained lots of confidence so that when I move out of the Bakery I will be able to face the big wide world, so good luck in what you decide in the future!!

by Shelly Wells

Be a Befriender!

The Ystrad Mynach based charity 'Mind House' helps local people who suffer from mental health issues. The charity runs a shop selling a variety of goods and it also has a 'Befriending Scheme'. Many local people have benefited from the scheme and some have become volunteers themselves.

Mrs Glenys Crump (a tenant of UWHA) has been a volunteer Befriender for 18 years, and she describes how the service has helped her.

"I became involved with Mind initially because I was going through a particularly low point in my life and found that having people to talk to really helped me through that difficult time. After a short while I became a little more confident and was asked if I would be interested in becoming a volunteer.

Since then I have worked with a variety of people via the Befriending scheme and also help to run the Mind House shop. I get so much back from the scheme, a chance to chat with other people and discuss a variety of issues.

Rhymney Valley Mind also run low-cost caravan holidays in Newquay for people with mental health issues and their families. They received funding from the National Lottery in order to buy a caravan."

If you are interested in accessing the service or would like to become a volunteer then please contact the Mind House and they will be happy to provide you with further information.

Contact: Mind House,
36 Penallta Road,
Ystrad Mynach,
Hengoed
Tel: 01443 816945



Having your say!

United Welsh Housing Association and your support provider will soon be talking to you about putting in place an agreement about how, and how far, you can get involved in decisions about your housing and support. This sort of agreement is also called a Tenant Participation Compact.

Some of you may remember taking part in focus groups which were held to consult UWHA supported housing tenants on what you wanted to have a say about and what should be in the compact. We listened to your views and have made changes to the compact as a result. In particular there is now more emphasis on information about and contact with UWHA, house meetings, house rules and complaints. You also told us that you wanted a newsletter for UWHA supported housing tenants and here it is!

So, what's it all about? The questions and answers below will tell you more.

Q: Why have a Tenant Participation Compact?

A: It's so that you and your landlord and support provider can be clear about what you can have a say about, and how far you can influence decisions. Because it is an agreement, you will have a say in how far you can influence decisions; you won't just be told this.

Q: What sort of things can I have a say about?

A: We've put together a list of the main subjects that we thought tenants of supported

housing would want to have a say about. We consulted with supported housing tenants in making this list. If there's something else you want to add, you can ask your support provider to include it.

Q: What are the core standards?

A: This just means the list of main subjects for discussion. They are:

1. Information
2. Getting Information and Having a Say
3. What People Need to be Able to Have a Say
4. Different Ways of Having a Say
5. House Meetings
6. House Rules
7. Housing Services
8. Support Agreements
9. Raising a Concern
10. Monitoring and Evaluation



Q: What does it mean that I can have a say about how far I can influence decisions?

A: There are different levels at which you can have a say about what happens in your home. We call these the 5 levels of involvement. If you look at the list below you can see that if you can participate in something, you will have much more influence than if you just receive information about it..

- Information Tenants are told
- Consultation Tenants are asked and their views are listened to
- Participation Tenants are invited to contribute to the decision making with ideas, suggestions and alternatives
- Partnership Tenants make joint decisions
- Delegated Control Tenants make their own decisions

Q: Is it always right to try to have more rather than less of a say?

A: In many cases, it will be. But usually the more say you have, the more responsibility you have towards the decision, and the more work it will involve for you. For example, if you want to participate drawing up the house rules instead of just being told what they are, you'll need to come up with some ideas! Also in some cases, your support provider or landlord can't give you much of a say. For example the law prevents them from allowing the use of illegal drugs in supported housing projects.

Q: What will happen now?

A: Representatives of UWHA and your support provider will discuss with you and other tenants how you wish to be involved in each of the subject areas covered in the core standards.

They will agree with you not only what you want to have a say about, but also what level of a say has been agreed and then record it in the agreement. You will be given a copy of the final agreement.

Q: What if the tenants and the landlord or support provider disagree about the right level of involvement on something?

A: You can use the process of mediation or arbitration set out in section 9. TPAS Cymru, which is an independent organisation promoting tenant participation and involvement, has offered to help resolve any disputes between tenants and landlord/support provider in drawing up this agreement.

Q: What if my landlord or support provider doesn't keep to the agreement?

A: Representatives of UWHA and your support provider will discuss with you and other tenants how you wish to be involved in each of the subject areas covered in the core standards.

You can challenge them. You can do this by raising it at a house meeting, in writing or by using the complaints procedure – please see the next edition of Focus. If it is your support provider that is not offering you the level of involvement that has been agreed, you can also raise this with United Welsh HA and ask them to enforce the overarching agreement that they have with all their supported tenants about opportunities for involvement.

If you have any questions that are not answered above, you can talk to your support provider, or telephone United Welsh Housing Association, Supported Housing section, on 029 2085 8148.

by Chris Rutson, Support Services Manager, UWHA





FOCUS

on Food!

TENANTS' RECIPES

Loads of you have said that you'd like to send us some recipes so we thought we'd do a few different things about food:

- Run a Recipe Competition in each edition of 'The Focus'. Please send us a recipe of a dish for one person that costs no more than £2 . Prizes will be: **First: £15 for groceries; Second: £10 for groceries; Third: £5 for groceries**
- After a year of running 'The Focus' we'd like to produce a Recipe Book from all the recipes you have sent in - please indicate whether you want to us to include your name with the recipe.
- We'd also like to feature articles about food from different countries and food associated with different religions so please tell us about your particular religious time of year/event and associated food.



LAST MINUTE CHRISTMAS PUDDING

1. Sift the flour, baking powder and spice into a large bowl. Add the butter and eggs.
2. Place treacle in a measuring jug, add the stout and rum. Rum can be replaced with an extra two tablespoons of stout. Add the flour and whisk together, preferably using an electric whisk.
3. Next add the mincemeat, apple, currants, nuts, grated lemon and orange zest.
4. Mix together with a spoon and then divide the mixture equally between the 8 well-buttered pudding basins.
5. Cover each basin with a small circle of buttered greaseproof paper, followed with a square of foil, large enough to fold under the edges of the basins, using a 'pleating' motion to seal.
6. Place the basins into a shallow roasting tin. Place in a preheated oven 180 C, 350 F, Gas Mark 4 and pour 1cm (1/2 inch) boiling water into the roasting tin.

Bake for 45-50 minutes, allow to cool in the basins for 10 minutes, then carefully run a knife around the edge of the puddings to turn out onto a serving plate

by Chris Rutson, Support Services Manager, UWHA

150g (5oz) self-raising flour
 1 level teaspoon baking powder
 1 rounded teaspoon ground mixed spice
 50g (2oz) butter, softened
 2 eggs, size 2
 75ml (3fl oz) black treacle
 110ml (4fl oz) Irish stout
 2 tablespoons dark rum (optional)
 411g jar luxury mincemeat
 75g (3oz) Bramley cooking apple, peeled, cored and finely diced
 175g (6oz) currants
 25g (1oz) chopped roasted hazelnuts
 Grated zest of 1 lemon and 1 orange
 8 individual metal or foil pudding basins
 Greaseproof paper and foil

Cooking time: 45-50 mins Serves 8

CORNED BEEF STEW



This is a recipe for a meal for one person under £2.00

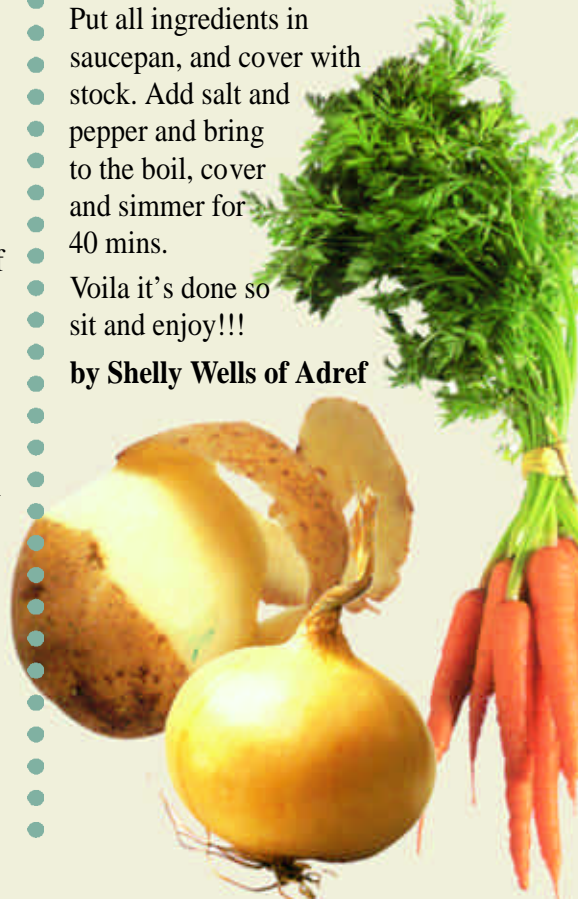
1 tin of corned beef	38p
1lb of carrots	20p
1 large onion	20p
2lb potatoes	50p
1 small swede	40p
1 stock cube	15p
Total =	£1.83

Cooking time: 40 mins Serves 4

Put all ingredients in saucepan, and cover with stock. Add salt and pepper and bring to the boil, cover and simmer for 40 mins.

Voila it's done so sit and enjoy!!!

by Shelly Wells of Adref



HINDU FESTIVAL DIVALI

There are many regions in India and each region will have their own way of celebrating the Divali festival. Divali means “rows of lighted lamps” and the celebration is often referred to as the Festival of Lights. It is the festival that celebrates the return of King Rama to Ayodhia after his 14-year exile to the Jungle.



During this time homes are thoroughly cleaned, new clothes are worn, gifts are exchanged and festive meals are prepared. Candles and lamps are lit as a greeting to Laxmi, Goddess of Wealth and fireworks are let off. The Hindu calendar is based on the lunar cycle so Divali falls on different dates each year but always around end of October and beginning of November. This year it will be celebrated on 12th November. Hindus are traditionally vegetarians and so the food on such occasions will only be vegetarian. The following recipe is one of my favourite dishes for Divali and is very popular in the region I come from - Punjab.

Known as Allou Gobi and as mentioned in the film Bend It Like Beckham.

CURRIED CAULIFLOWER AND POTATOES

- 1 Medium Cauliflower cut into even sized florets and rinsed
- 2 small potatoes each peeled and cut into 4 pieces
- 1 small onion peeled and sliced
- 1 tablespoon of vegetable oil
- 2 plum tomatoes & juice (tinned)
- 1-teaspoon cumin seed
- 1/2 teaspoon turmeric
- 1/4 teaspoon chilli powder
- 1-teaspoon salt
- 3/4 teaspoon garam masala
- Few sprigs fresh coriander washed and chopped
- Greaseproof paper and foil

Cooking time: 15-20 mins
Serves 2-3

Heat the oil in the pan and add the cumin seeds and onion. Cook till onions are golden brown then add the tomatoes, turmeric, chilli and salt. Cook the tomato mixture, breaking up the tomatoes constantly until they resemble pureed tomatoes and appear to be separating from the oil. Add the cauliflower and potatoes and mix so that the vegetables are coated with the curry sauce. Turn the heat to minimum and put the lid on the pan and allow to cook for 15 to 20 minutes - stirring occasionally. Turn out into serving dish and garnish with garam masala and fresh coriander

Cooks Tip

Water should not be needed as the vegetables produce their own moisture. For best results you will need a pan with a tight fitting lid.

by Renuka Chadha, Finance Supervisor, UWHA



RAMADAN

All Muslims fast during the Month of Ramadam. Fasting requires Muslims to abstain from food and drink during the hours from Dawn til Sunset. Ramadan is a period for Muslims to increase their devotion and to feel genuine empathy and compassion with the poor and unfortunate in the world. Ramadan ends on the 29th or 30th day of fasting and is celebrated with the occasion of EID AL-FITR.



DEMJEDDRA (LENTIL MEAL)

- 1 cup of lentils sorted and rinsed
- 1-2 teaspoons of olive oil
- 1 chopped onion
- 3-4 cloves of garlic
- Minced ground pepper to taste
- 1/2 tsp ground cumin
- 1 cup of raw long grain rise or white rice
- 1/2 tsp salt or yoghurt (optional)

Cooking time: approximately 70 mins
Serves 1

Simmer lentils in 3 cups of water until tender (about 45 minutes) then drain.

Heat 1 tablespoon of oil in large skillet over medium heat.

Add onion and cook until translucent (about 3 minutes)

Add garlic, pepper, cumin and rice - stirring constantly so spices do not burn.

Add 1/2 teaspoon salt and 13/4 cups water, bring just to boil, cover tightly, reduce heat and cook 15 minutes for white rice, 40 minutes for brown.

Remove from heat, but keep covered for about 10 minutes. Stir cooked lentils into rice, add salt to taste.

Serve with or without yoghurt.

by Yusuf Mohamed, Team Leader, Llamau Ltd

Family Fun Autumn Competition!

Photo Competition

In the summer edition of Linkup readers were invited to send in photos that captured the 'summer season'. There were so many excellent photographs submitted that, together with Linkup, we've decided to run a competition for every season of the coming year!

Autumn is just about upon us now so why not get your camera out and capture what you think is typical of the season. **There are £25 in W H Smith vouchers for the best pictures!** Please don't forget to include your name and address with your picture, which you should send to: Linkup Editor, UWHA, Ty Cennydd, Castle Street, Caerphilly CF83 1NZ.

If you're sending a digital photograph you can e-mail it to dwilliams@uwha.co.uk - please put "linkup photo comp" in the title bar. By entering the competition you'll be agreeing that UWHA can use your picture for future publication.

If you need any inspiration just take a look at some of the best summer pictures printed here.



I was excited at the thought of going to Euro 2004 and didn't stop talking about it at the office, Paula Kennedy, Director of Housing and Community Services, writes.

The opening game for England was played at Estadio da Luz and what a magnificent stadium it was - I was impressed to say the least.

The game itself against France started well with a goal from Lampard but in the end it proved to be a disappointing evening with France grabbing two late goals to snatch the game away from England. I was stunned into silence for a couple of hours.

We won the next two games and made it through to the quarter-final stage sweeping away the disappointment of the defeat in the game against France.

The mood was great in the run up to the quarter-final against Portugal and the Portuguese made us feel very welcome. The game itself was entertaining and brought out several emotions within me from taking the lead to suddenly being confronted with a penalty shoot out, something England haven't quite mastered.

How frustrated I felt after the match having to drive through streets and streets of jolly Portuguese fans knowing that they would take their place in the semi-finals and our lads would be on their way home. What a roller-coaster ride the whole experience in Portugal proved to be.

I have fond memories of our children's happy faces as they played with Portuguese children as we watched the Final in a local bar. The bar started with many happy Portuguese faces but ended in tears for them as Greece beat them. We gave a sympathetic smile to the Portuguese fans however, a hidden smile that the Greeks had beat them was not far behind.

Three weeks of football and the mixed emotions that went with it are an experience that I'll never forget although we hope to do it all over again in Germany in 2006! Come on England!

Paula Kennedy, Director of Housing & Community Services, UWHA

A lifetime of emotions



Mural at the Rawnsley Day Unit, Heath Hospital

I have nearly completed a mural that covers one of the long corridors at the Rawnsley Day Unit, which is a drop-in centre for people with mental health issues. I have experience of living with these sorts of problems; I wanted the image to be fun and therapeutic.

I used bright or heightened colours and lovingly lampooned some members of staff. I thought over the years this could be a representation of the past, because things change and staff move-on, so I included various features of the hospital as well as to put it in context of the wider environment.

My overall purpose of the theme was the quirkiness of depicting familiar people and the environment of the hospital in a dreamy fantasy kind of way.

I have been working on it since October 2003 but have taken a long break due to personal reasons; the staff and clients at the Day Unit have been very accommodating and supportive. I don't feel like a client nor staff so I'm a bit of an oddity around the place, but I quite like that.

I talk to a lot of people throughout the day as it like Paddington station, because it is so busy, I talk to Gordon (a domestic) who comes round every day at 2 o'clock and we chat about art.

I hope to do a course in October 2004 in Community Arts and part of the course will be producing murals, and the Rawnsley Day Unit have said I could carry on volunteering there. It has been a wonderful experience.

Isobel Oak of Llamau Women's Service

**Star
Article!**

Left: Mural at the Rawnsley Day Unit by Isobel Oak of Llamau Women's Services



A DAY IN THE LIFE OF..... GERWYN FEAR

MAINTENANCE OFFICER



Monday morning - Clock in at 8.30am

Contractor rings telling me I have to sort out the after effects of two emergency call-outs made during the weekend. Both call-outs are related to tenant damage - I can feel a recharge coming on!

9.00am Check my diary on the computer to see where I'm supposed to be going today. Absolute chaos, the IT system is down - no-one can do any work. Not so good for me, I've got a shed full of paperwork to catch up on.

9.55am The computers are back up and running, unfortunately my diary shows that I'm supposed to be meeting Environmental Health Inspectors at 10.00am in a project up the Valley. I grab my things and motor my way to the project.

It turns out the inspection was carried out last Friday - cheers for letting me know! Oh well, while I'm here I might as well take up any maintenance queries the Support Worker may have. One hour later, I manage to drag myself out of the front door gasping for air - I wish I'd never asked now.

11.00am On my way back to the office I arrange to visit another project where the Team Manager wants to speak to me as a matter of urgency regarding some new work requests. On my arrival I explain that the requests are classed as improvement works and would have to be paid for by the Managing Agent, for some reason the work doesn't seem to be so urgent anymore - funny that!

12.00noon Back in the Caerphilly office I raise works orders for the jobs I picked up during this morning's visits. I take a few phone calls in between - raise a few more orders and chase up a few jobs on behalf of Managing Agents.

12.30pm Lunchtime Do a building survey of Caerphilly castle - joke! (the work never seems to stop!)

1.00pm Back to work. I've been asked to apply for a grant from the Welsh Assembly for physical adaptation works to a bathroom. The next stage is to get three quotations for the work since I have already produced the specifications and drawings for the job. Three Contractors are selected, and the documentation sent out to relevant parties. I hope all quotes are returned on time because the tenant is having difficulties using the bathroom in its current layout.

2.00pm Monthly Contractor's meeting at Ty Cennydd, Caerphilly.

First things first, kettle on and cups of tea all round. Then down to business, we go through the set agenda:

- Performance
- End of Tenancies
- Day-to-day works
- Administration
- General Issues.

All in all, this Contractor has had a poor month and needs to improve in a few areas. The Contractor Manager has confirmed that he will take on more operatives and additional administration staff in an attempt to improve matters.

3.00pm Sit at my desk and record the minutes of the meeting. A copy of the minutes is filed and a copy is sent to the Contractor's office for their records.

3.30pm Receive phone call from a Support Worker wanting some information on maintenance issues, "The toilet seat has broken, where do we stand". I tell her to stand wherever she likes and in the meantime I'll raise a works order for a new seat!

4.00pm Nearly time to go home, just time to sign some more invoices before I go. I'd also better chase that quote for the new flooring, or I'll have the Team Manager on my back tomorrow.

4.30pm The best part of the day! Switch off my mobile, turn off my computer and run for the door before anything else goes wrong. If it does and it's an emergency I'm sure everyone knows who to call, otherwise it can wait until tomorrow.

CAERPHILLY AREA

Date	Location	Places to visit/Event
Beginning of October 04 to March 05	Llancaiach Fawr Manor, Nelson Tel: 01443 412248	Ghost Tours - Llancaiach Fawr is genuinely haunted! Tour the Manor by candlelight and hear the true stories of uncanny happenings experienced by staff, visitors and previous residents.
6th November	Caerphilly Castle Tel: 029 2088 3143	Fireworks Display In the grounds of Caerphilly Castle run by Caerphilly Town Council
2nd December	Blackwood Miners Institute Box Office Tel: 01495 227206	Carols by Candlelight
4-19th December Weekends only	Cwmcarn Forest Drive Nr Crosskeys Tel: 01495 272001	Festivities in the Forest. A variety of events to celebrate the festive season including Woodland Fayre with crafts, food and workshops for children and Santa's Grotto. Festive fireworks in the forest and musical entertainment.
23rd December	River of Light Parade Caerphilly Town Centre	Caerphilly Town Centre is transformed as hundreds of lanterns accompanied by thunderous samba drumming, funky street bands and dancers flow down to Caerphilly Castle for a fireworks finale.
21-23 January 2005 28-30 January 2005	Blackwood Little Theatre 01495 223485	Pantomime - Mother Goose

CARDIFF AREA

24th October	Jongleurs Comedy Club, Wood St, Cardiff Tel: 07971 766513	A night of inspiring live Gospel music
31st October	New Theatre Tel: 029 2087 8889	Lenny Henry
2nd November 7th November	St David's Hall Tel: 029 2087 8444	Gene Pitney The Magic of Mozart by Candlelight
8 - 20 November	New Theatre	Chicago
18 November	City Centre	Christmas Lights Switch-on
25 Nov - 9 Jan	City Hall - to book skating Tel: 029 2023 0130	Winter Wonderland (Ice skating and free entertainment)
26 - 28 November	Cardiff Bay	Wales Millennium Centre Opening Weekend*
2nd December 11 Dec - 22 Jan	St David's Hall New Theatre	Bootleg Beatles Pantomime: Cinderella
21 December	St David's Hall	Carols by Candlelight
31 December	Civic Centre	Calennig Cardiff New Year celebrations

BLAENAU GWENT AREA

Ring for details	Blaenafon Tel: 01443 822666	Elliot Colliery Winding House
Ring for details	Blaenafon Tel: 01495 790311	Big Pit National Mining Museum of Wales
Ring for details	Blaenafon Tel: 01495 792615	Blaenavon Ironworks
Ring for details	Blaenafon Tel: 01495 792615	Blaenavon Community Heritage & Cordell Museum
Ring for details	Blaenafon Tel: 01495 792263	Pontypool & Blaenafon Railway
Ring for details	Blaenafon Tel: 01873 881069	Goytre Wharf

OTHER AREAS

19th October	Swansea Grand Box Office 01792 475715	Swing Like Crazy with the Jeff Hooper Big Band Concert Orchestra
21st - 23rd October		Moscow City Ballet and Orchestra - Cinderella - The Sleeping Beauty
30th November		ABBA - Bjorn Belief
4th December		Christmas Concert
15 Dec - 16 Jan		Pantomime - Jack and the Beanstalk
9-11 October	The Grand Pavilion Theatre Box Office 01656 786996	Scrooge the Musical
15th October		Saturday Night at the Movies Non-stop soul greats featuring the music of The Drifters, Four Tops etc
17 Dec - 9 Jan		Jack & the Beanstalk Pantomim

* Wales Millennium Centre. Tickets for events and productions during the Centre's first season are now on sale. Information regarding entry to the public ballot for tickets to the Centre's opening night on 26 November 2004 and how to book tickets for other events during the opening weekend will be issued in October. To receive advance notification for each of these instances, please join the mailing list by logging on to www.wmc.org.uk Ticket & Information Hotline 08700 402000.

WOW! What's On Where!

Dragonfly Design 01834 810290